

'Children's participation and Children's rights'

KinderrechtenNU- methodology for implementation of children's participation and children's rights in the municipality and in education

The foundation KinderrechtenNU (KRNU) involves in particular in Children's participation and therefore translated, together with children, the Treaty concerning the Rights of Children in the CR-checklist.

- *What is necessary to grow up?*
- *How do we treat each other?*
- *How do we take care of each other?*

KRNU gives the floor to children in the age of 9 to 13 to answer these questions and stimulates and supports them to map their own social environment. By thinking about that and by discussing with others, they discover their talents and become aware of their social network. The KRNU-method learns children to participate in the society.

To realize all this, KRNU developed some instruments:

- **Children's Rights-checklist**, with a user's manual for children and professionals, gives an overview of all things important for growing and bringing up.

KINDERRECHTEN NU **CHECKLIST**
Stichting kinderrechten en menselijke ontwikkeling

What is essential for growing up...

Check ✓

<ul style="list-style-type: none"> <input type="radio"/> Parents <input type="radio"/> Caretakers <input type="radio"/> Love <input type="radio"/> Attention <input type="radio"/> Getting the right examples <input type="radio"/> Developing a sense of responsibility <input type="radio"/> Being able to take care of yourself <input type="radio"/> as well as others <input type="radio"/> Being fully accepted <input type="radio"/> Healthy meals <input type="radio"/> Enough exercise <input type="radio"/> sufficient sleep <input type="radio"/> Protection from becoming overweight <input type="radio"/> Being brought up with clear values <input type="radio"/> Going to school each school day <input type="radio"/> Getting a good education <input type="radio"/> Not having to live up to impossible standards <input type="radio"/> Time and space for one self <input type="radio"/> Time and space to play <input type="radio"/> Safe surroundings <input type="radio"/> Healthy surroundings <input type="radio"/> Physical care 	<ul style="list-style-type: none"> <input type="radio"/> Learning the difference between joking and bullying <input type="radio"/> Not being bullied all the time <input type="radio"/> To be allowed to participate <input type="radio"/> To get the opportunity to speak your mind <input type="radio"/> and to help decide <input type="radio"/> at home <input type="radio"/> at school <input type="radio"/> in your neighborhood <input type="radio"/> Being protected from damaging information, above all on <input type="radio"/> the internet <input type="radio"/> on television <input type="radio"/> Getting extra help if you feel you need it <input type="radio"/> Not having to live through a bad divorce <input type="radio"/> Not to be beaten <input type="radio"/> Not to be called names <input type="radio"/> Not to be humiliated <input type="radio"/> Not to be abused <input type="radio"/> Not to be neglected <input type="radio"/> Not to be exploited <input type="radio"/> No sex <input type="radio"/> Getting educated about sex, drugs and alcohol <input type="radio"/> Being asked for your opinion <input type="radio"/> Being listened to <input type="radio"/> Respect for your opinion
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Is your environment "Childrightproof" or do some things need improvement?

I'M GETTING DOWN TO WORK!
How can I help myself?
Do I have to do it alone?
No, you're not all on your own!
A lot of people are willing to listen and help!

Find an adult whom you can trust, who will listen to you and wants to help you.

Your father, your mother, a teacher, a social worker, relatives, neighbors, friends, your GP, the police, youth ambassadors and you can probably think of someone else yourself.

I must be able to ask for help. I also must be able to get help for somebody else.

I have to do that.

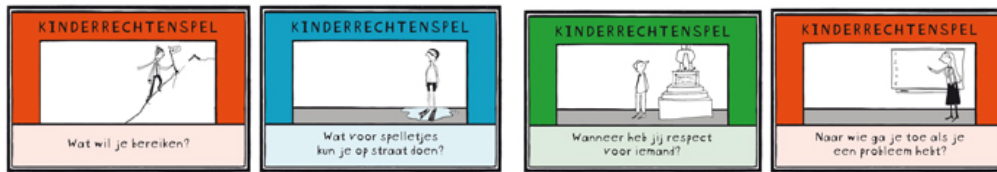
I AM GOING TO DO IT!

Peter's example:
"For a long time I felt pretty lonely in my class. By talking about it with my father and at school I soon began to feel better. My classmates gave me tips that helped me to feel less lonely. Therefore I'm glad that I spoke up."

Do you need advice? For yourself or to help somebody else?
Send an email to "childrightcoach@.....city.....co.uk"

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- **Children's Rights game**



- **Children's Protocol Reportcode**

'Look for as long as it takes to find an adult whom you trust and whom will listen to you and help you'

- **Children's Participation circle**



(Lijs & Dupuis, 2013)

- **Youth ambassadors**

Two representatives of all (or a part of the) primary schools, installed by the City Council.

- **Children's Rights coach**

A civil servant to accompany the students, who discusses their contribution with the different internal municipal directions and external professionals.

The KRNU-Methodology describes the reason, the theory and the instruments and is to be downloaded. Furthermore you can find the "plan of action for the local authority" and the "Plan of action for schools" on the KRNU-website.



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